

¹Reservation required, LL Senior Ctr at 799-2820

²HICAP Appointment Line: 1-800-434-0222

⁴ Low Vision Workshop: 9 week class
FREE! including Training & devices

Loma Linda Senior Center - "The Gathering Place"
Telephone: (909) 799-2820
25571 Barton Road
(Behind City Hall and Fire Station
on Loma Linda Drive)

SEPTEMBER 2006

Claude for Party Bridge – 795-1995

Joan for the Ukulele Club – 796-8934

Keoki Ariola Intermediate Ukulele 534-6093

Arvin Leach for Watercolor Workshop - 797-5266

Betty Hayes Senior Painters Mon. 8:30 \$3.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
HOMEOWNERS & RENTERS REBATE Appointments Wednesdays Call to schedule				FREE ** NEW BALLROOM DANCE CLASSES THURS 3:00	
3 SENIOR CENTER CLOSED	4 LABOR DAY SENIOR CENTER CLOSED	5 Ukulele Club 9 -11 am HAL LAMBERT'S MODERN ART METHOD 12:00 – 6:00 (BRING A SACK LUNCH) AUTOBIOGRAPHY \$5 2:45	6 EXERCISE W/ SANDY –9:00 Stained Glass - 9:30 ¹ Computer Beg. (2) 10:00 Language Impr. Class 10 a.m. <u>CRAFTS</u> – Free 1:30 Movie & Refreshments 2:30 "ZORRO" ^{135min} ¹ Computer Beg. 12:00 Computer 101-1:00; 102-3:00	7 No Watercolor Workshop (2Wks.) Sit & Fit Exercise Video 9:30 Focus on Healing 10-11 a.m. YOGA 12:00 Party Bridge 1 - 5 pm	8 <u>HEALTH FAIR AT DRAYSON CENTER!</u> SENIOR CENTER CLOSED
10 SENIOR CENTER CLOSED CULTURAL ARTS 1:00 – 5:00	11 Senior Painters 8:30 - 11 am EXERCISE W/ SANDY –9:00 BEG. COMPUTER (Edie) 10:00 TAI CHI FOR HEALTH 11:00 "55 Alive" 1:00 – 5:00 Intermediate Ukulele 1-3 pm BOARD GAMES 2:00	12 Ukulele Club 9 -11 am 11:00 Chamber of Commerce Luncheon "55 Alive" 1:00 – 5:00 AUTOBIOGRAPHY \$5 2:45	13 EXERCISE W/ SANDY –9:00 Beg Computer (2) - 10:00 L.L. Retiree's Luncheon 12:00 Language Impr. Class 10 a.m. <u>CRAFTS</u> – Free 1:30 Movie & Refreshments 2:30 "A Walk in the Clouds" ^{144min.} ¹ Computer Beg. 12:00 Computer 101-1:00; 102-3:00	14 No Watercolor Workshop (2Wks.) Sit & Fit Exercise Video 9:30 Focus on Healing 10-11 a.m. YOGA 12:00 (Nominal fee) <u>BALLROOM DANCE CLASS 3:00</u> Party Bridge 1 - 5 pm	15 SENIOR CENTER CLOSED
17 SENIOR CENTER CLOSED	18 Senior Painters 8:30 - 11 am EXERCISE W/ SANDY –9:00 BEG. COMPUTER (Edie) 10:00 TAI CHI FOR HEALTH 11:00 Intermediate Ukulele 1-3 p.m. BOARD GAMES 2:00	19 Ukulele Club 9 -11 am Strength & Balance Exercise Video 1:30 – 2:30 pm AUTOBIOGRAPHY \$5 2:45 <u>Sr. Center Board 3:00 pm</u>	20 EXERCISE W/ SANDY –9:00 ¹ Computer Beg. (2) 10:00 Stained Glass 9:00 Language Imprmt Class 10:00 <u>CRAFTS</u> – Free 1:30 ¹ Computer 101-1:00; 102-3:00 Movie & Refreshments 2:30 "Nanny McPhee" ^{105 M}	21 Arvin's Water color Workshop 9:00 Sit & Fit Exercise Video 9:30 Focus on Healing 10-11 a.m. YOGA 12:00 (Nominal fee) Party Bridge 1 - 5 pm BALLROOM DANCE CLASS 3:00	22 SENIOR CENTER CLOSED
24 SENIOR CENTER CLOSED	25 Senior Painters 8:30 - 11 am EXERCISE W/ SANDY –9:00 BEG. COMPUTER (Edie) 10:00 TAI CHI FOR HEALTH 11:00 Intermediate Ukulele 1-3 p.m. BOARD GAMES 2:00	26 Ukulele Club 9 -11 am Consult w/ Attorney – 20 Min (Call for appointment) 9:00 AUTOBIOGRAPHY \$5 2:45	27 EXERCISE W/ SANDY –9:00 <u>BLOOD PRESSURE CLINIC</u> 9:00 Language Impr. Class 10 a.m. <u>CRAFTS</u> – Free 1:30 ¹ Computer 101-1:00; 102-3:00 Movie & Refreshments 2:30 "Shanghai Noon" - 110 min.	28 Arvin's Water Color Workshop 9:00 Focus on Healing 10-11 a.m. <u>BIRTHDAY CELEBRATION 11am</u> YOGA 12:00 Party Bridge 1 - 5 pm ² <u>HICAP 1 – 4 pm Appt. needed</u> <u>BALLROOM DANCE CLASS 3:00</u>	29 SENIOR CENTER CLOSED